



WALDORF EXCHANGE SEASONAL PROGRAM

WESP 2019

WESP LATVIA | WESP LITHUANIA

11TH - 26TH OF JULY

31ST JULY - 9TH OF AUGUST

A SUMMER PROGRAM FOR
7-16 YEAR OLDS (LATVIA) AND 7-14 YEAR OLDS (LITHUANIA)
FROM ALL AROUND THE WORLD.

JOIN THE SUMMER ADVENTURE!

SUMMER DAYS STRETCH INTO STARRY NIGHTS.
BEACHES ARE EMPTY AND THE FORESTS ARE FULL.

RUN. EXPLORE. LAUGH. LIVE.

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*To truly know the world, look deeply
within your own being; to truly know
yourself, take real interest in the world.*

Rudolf Steiner





INFO

Waldorf Exchange Seasonal Program by Adazi Free Waldorf School, Vilnius Waldorf Green School and Motherground org. provides **well-rounded, healthy and natural activities** for children. Summer program lasts for 10 days.

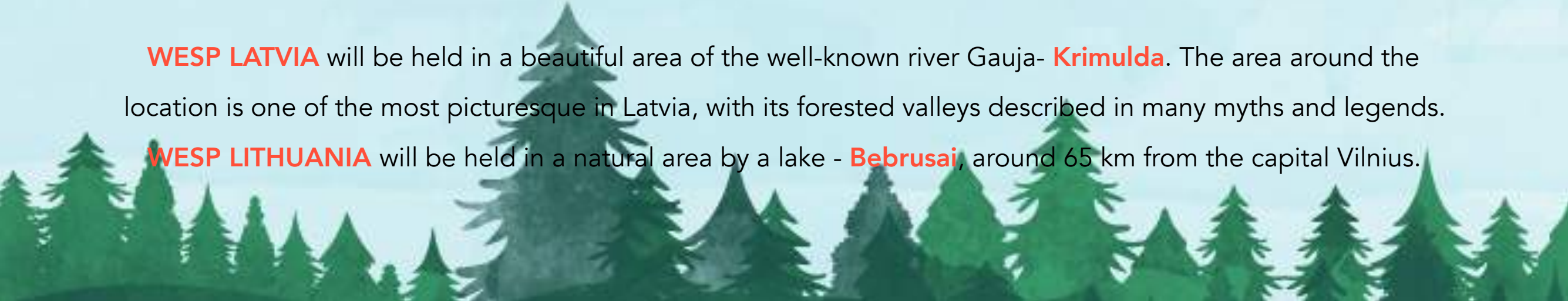
Waldorf Exchange Seasonal Program has two camps (you can join one or both camps):

WESP LATVIA: **17th - 26th of July (7-16 y/o)**

WESP LITHUANIA: **31st of July - 9th of August (7-14 y/o)**

WESP LATVIA will be held in a beautiful area of the well-known river Gauja- **Krimulda**. The area around the location is one of the most picturesque in Latvia, with its forested valleys described in many myths and legends.

WESP LITHUANIA will be held in a natural area by a lake - **Bebrusai**, around 65 km from the capital Vilnius.





WALDORF

Developed by Rudolf Steiner in 1919, Waldorf Education is based on an understanding of human **development** that addresses the needs of a growing child. Waldorf teachers strive to transform education into an art that educates the whole child — the heart and the hands, as well as the head.

The educational philosophy's overarching goal is to develop **free**, morally responsible, and integrated individuals equipped with a high degree of social competence.

This is a special year for WESP as Waldorf education is celebrating **100 years**, so our camps will also acknowledge this centennial moment.





LATVIA LITHUANIA

Latvia and Lithuania are both Baltic countries in **Northern Europe** on the east coast of the Baltic sea.

Both countries are unique in many ways - their largest asset is **nature** and **culture**.

The countries' geography is unique— like a bridge between the West and the East. Both countries have a long sea border and half of their territory is covered by **forest**.





LATVIA SCHOOL

Our partnering school in **Latvia is Adazi Free Waldorf School**. The school is 26 years old and has grown from a small kindergarten into a **school** for all ages with over 400 students.

Adazi Free Waldorf School is a state recognised and accredited school, 40 minutes outside of Latvia's capital **Riga**, in the beautiful town of Adazi.

The school is recognised by the World Waldorf Association. The school is also a part of **Unesco** associate schools and takes active part in many projects around the world.






LITHUANIA SCHOOL

Our partnering school in Lithuania is **Vilnius Waldorf Green School**. The school is a non-state secondary school, established by teachers and parents. It is a young school, for the moment it houses grades from 1 to 7 and it grows every year.

It is located in a beautiful suburban area, surrounded by forests, not far from a creek. The aim was to open the school outside of the city where children could **learn in natural environment** which ignites the senses and the natural curiosity of children. There children can discover the world through nature experience in walking through the woods, planting and growing vegetables, looking after the trees and animals and thus **growing free** while learning within nature to take care of their surroundings.



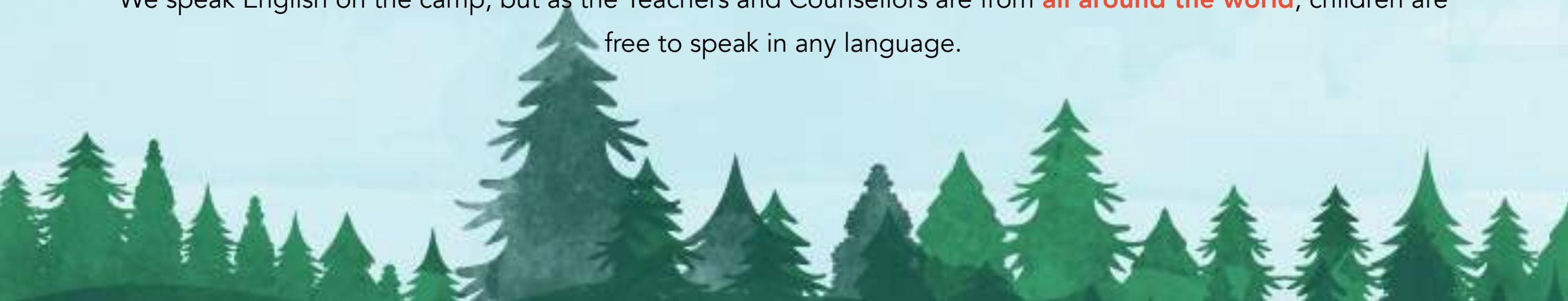


PROGRAM

WESP Latvia and Lithuania welcome around 85 **children** from all around the world. Children are **divided** into groups of 10 to 15, by age. Every group has a Teacher and a Counsellor - they are the guardians of the small group and lead activities and take full **responsibility** for the children.

Teachers are Waldorf trained **professionals** with experience in Waldorf schools or initiatives. **Counsellors** are Waldorf **students, graduates, parents or enthusiasts**. We have a professional doctor on the camp to take care of medical issues.

We speak English on the camp, but as the Teachers and Counsellors are from **all around the world**, children are free to speak in any language.



A photograph showing several children sitting around a wooden table, engaged in a craft activity. They are working with brown clay, shaping it into various forms. One child in the foreground is wearing a dark blue patterned sweater. Another child in the background is wearing a dark blue jacket with white text that includes "DZIEŚMI" and "19103". The word "ACTIVITIES" is overlaid in large, white, bold, sans-serif capital letters across the center of the image.

ACTIVITIES

Children enjoy a **multicultural** environment, as we have participants and teachers from various countries around the world.

Days are filled with age appropriate activities, such as - singing, play, handcrafts, art, science, nature and adventure walks, bike riding, rowing yet there is still plenty of time for the children to wander and **explore**, to create, and to dream amidst our beautiful fields, forests, gardens, and lakes.

Every day is well **thought-out** and planned by the Camp team. At WESP we have activities that the whole camp takes part in, like Morning and Evening Circles, outings outside the **Campsite** as well as activities in Little Groups.



A photograph of children sitting on a wooden deck, engaged in an art activity. They are using cardboard as a canvas to paint a landscape scene with blue water and green hills. One child in the foreground is wearing a black shirt and sandals, and is focused on their work. Another child in the background is also painting. The scene is outdoors, and the children appear to be having fun and learning.

TIMETABLE

08:30 – 09:00 – Wake Up

09:00 – 10:00 – Breakfast

10:00 – 10:30 – Morning Circle

10:30 – 11:00 – Morning Greeting

11:00 – 12:30 – Mixed Themed Activity

12:30 – 13:30 – Lunch

13:30 – 14:30 – Quiet Time / Free Play

14:30 – 18:00 – Activities in Little Group

18:00 – 19:00 – Dinner

19:00 – 20:00 – Evening Circle

20:00 – 21:00 – Preparation for Bed

21:00 – – Bed Time





LATVIA LIVING

Accommodation is in a clean, traditional log-built, lovely guest house.

The Campsite is located in Krimulda - small town in Gauja National Park.

The Campsite is surrounded by **forests**, ponds, meadows and a river.

Campsite has **sports** facilities such as football, basketball, and volleyball fields.

Healthy and locally grown **breakfast, lunch and dinner** is provided daily by the guest house as well as regular snacks.

WESP LATVIA Address: Guest House "Bruveri", Sigulda, Latvia, LV-2150



LITHUANIA LIVING

Accommodation is in a clean, modern and spacious guest house.

The Campsite is located near lake Bebrusai in the eastern part of the country.

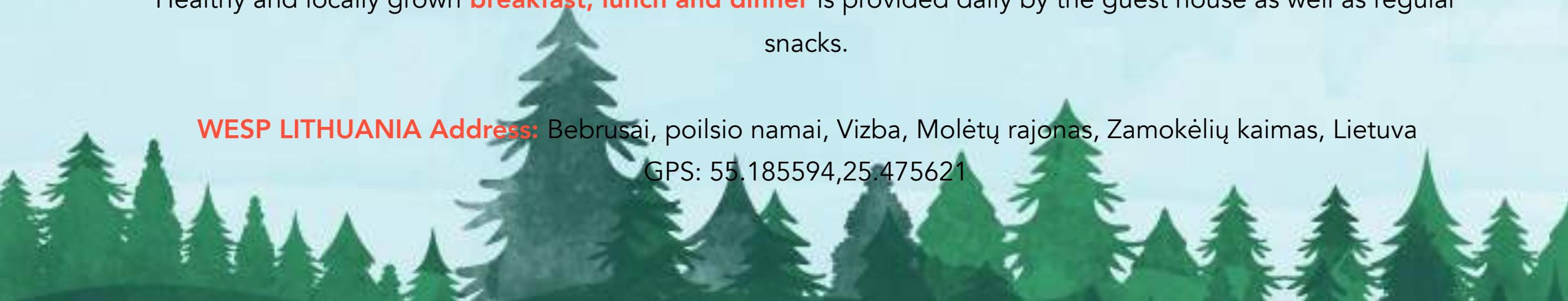
The Campsite is surrounded by **forests**, meadows and is next to a lovely lake.

Campsite has **sports** facilities such as football, basketball, and volleyball fields.

Healthy and locally grown **breakfast, lunch and dinner** is provided daily by the guest house as well as regular snacks.

WESP LITHUANIA Address: Bebrusai, poilsio namai, Vizba, Molėtų rajonas, Zamokėlių kaimas, Lietuva

GPS: 55.185594,25.475621





LOGISTICS

DROP-OFF:

WESP LATVIA: 17th of July – registration for the program from 09:00 to 11:00.

WESP LITHUANIA: 31st of July – registration for the program from 09:00 to 11:00.

PICK-UP:

WESP LATVIA: 26th of July – the festival day will start at 16:00 with performances and small exhibition.

WESP LITHUANIA: 9th of August – the festival day will start at 16:00 with performances and small exhibition.

TRANSPORT:

If your child travels alone, we provide airport pick-up and drop-off.

We will have transport to both Latvia and Lithuania camps from Riga and Vilnius.

ADDRESS:

WESP LATVIA: Guest House "Bruveri", Sigulda, Latvia, LV-2150

WESP LITHUANIA: Bebrusai, poilsio namai, Vizba, Molėtų rajonas, Zamokėlių kaimas, Lietuva | GPS: 55.185594,25.475621





ACHIEVEMENTS

Children leave Waldorf Exchange Seasonal Program with new **friends**, beautiful memories and vivid stories from the true Waldorf experience in natural Latvia and Lithuania.

Understand that you are part of a global network of socially conscious and environmentally **mindful** people.

Waldorf Exchange Seasonal Program and Waldorf education itself offer young people a chance to look at the **world** from a fresh angle, then go out and make it a better place.





PRICE


490 EUR

INCLUDES:

- WESP experience (materials, teachers, counsellors, doctor, outings)
- Food and accommodation
- Airport / bus pick-up and drop-off
- Care taking full time for children arriving earlier or leaving later (including food and accommodation)

** we offer discounts for siblings and can offer a discount if you have financial difficulties*





APPLY

www.motherground.com/summer-camps/

Press Apply button for kids.

You will find an **Application form**, please fill it in accurately and submit.

After submitting the form, you will receive **information** regarding payment and other important details.





WESP TEAM

Professional Waldorf teachers, students and graduates work at WESP.

Each group of children has a Teacher and Counsellor that **take care of children and lead activities.**

The WESP team **carefully** plans activities before-hand.

On the camp we have a doctor, music director and volunteers to assist with daily tasks.



CONTACT US

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THANK YOU





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